



Report on **One Week online Lecture Programme on Education and Career Development**

One week online Lecture Programme on Education and Career Development was organized by Department of Education, North Kamrup College from 27th March, 2023 to 31st March, 2023. The programme aimed to provide orientation to students about different career oppotunities and to address various issues faced by students. Five resource persons working in different colleges of Assam were invited as the invited speakers. The programme was attended by the students and faculties of the college.

Day 1: 27/03/2023

Invited Speaker: Bituraj Gohain, Assistant Professor, Department of Education,
PNGB Govt. Model College

Topic: Career Development

Platform: Google Meet

Time: 6:00 pm

Joining Link: <https://meet.google.com/qjp-fxzy-hsb>

No. of Participants: 27

Brief Report of the Event: The first day of the programme was started with briefing the students about the programme and introduction of the speaker by Ms. Phuloma Daimary, Head of the department which was followed by the lecture of the invited speaker. The speaker delivered a lecture on career development. He discussed about different career opportunities available in 21st century and how to prepare for these careers. He also discussed about how to work towards achieving one's own goal and stay motivated in the process by setting various examples. During the interaction session, the students interacted with the speaker by asking questions such as how to stay motivated while working towards achieving one's own passion when the society looks down towards their passion and so on. The programme was ended with vote of thanks offered by Ms. Bandana Gogoi, Assistant Professor of the Department. A total no. of participants was 27.

Day 2: 28/03/2023

Invited Speaker: Antareepa Borah, Assistant Professor, Department of Education, Biswanath College

Topic: Mental Health & Hygiene

Platform: Google Meeet

Time: 6:00 pm

Joining Link: <https://meet.google.com/fzr-afnv-rqj>

No. of Participants: 31

Brief Report of the Event: The second day of the programme was started by introduction of the speaker by Ms. Bandana Gogoi, Assistant Professor of the Department. The speaker of the day delivered lecture on the topic 'Mental Health and Hygiene'. The speaker discussed about importance of mental health in our lives, how to address mental health issues, how to manage our mental health and how to deal with mental illness. A total number of 31 students of the college attended the programme. The programme was ended with vote of thanks offered by Ms. Phuloma Daimary, Head of the Department.

Day 3: 29/03/2023

Invited Speaker: Seema Rani Das, Assistant Professor, Department of Education, MNC Ballika Mahavidyalaya

Topic: Mental health issues among students

Platform: Google Meeet

Time: 6:00 pm

Joining Link: <https://meet.google.com/kqw-brug-yny>

No. of Participants: 26

Brief Report of the Event: The third day of the programme was started by introduction of the speaker by Ms. Bandana Gogoi, Assistant Professor of the Department. The speaker of the event delivered her lecture on the topic 'Mental health issues among students' The speaker discussed about various mental health issues among students such as Anxiety, Depression, Eating disorder, Bullying, Substance abuse, etc. The speaker also highlighted on how to deal with these issues. A total number of 26 students participated in the session. The programme was ended with vote of thanks offered by Ms. Phuloma Daimary, Head of the Department.

Day 4: 30/03/2023

Invited Speaker: Sudarshana Phukan, Assistant Professor, Department of Education, Majuli College

Topic: Use of Social Media

Platform: Google Meeet

Time: 6:00 pm

Joining Link: <https://meet.google.com/uyo-vtxc-stf>

No. of Participants: 48

Brief Report of the Event: The fourth day of the programme was started by introduction of the speaker by Ms. Phuloma Daimary, Head of the Department. The speaker of the day delivered her lecture on the topic 'Use of Social Media'. The Speaker discussed about the use of social media among students: its merits and demerits, social media as a tool for career building and knowledge. The speaker mentioned about various social media platforms and channels that can be helpful to students. 48 students attended the session. The programme was ended with vote of thanks offered by Ms. Bandana Gogoi, Assistant Professor of the Department.

Day 5: 31/03/2023

Invited Speaker: Anisha Choudhury, Assistant Professor, Department of Education, Damdama College

Topic: Problems of adolescence

Platform: Google Meeet


Time: 6:00 pm

Joining Link: <https://meet.google.com/ppq-ersk-ovq>

No. of Participants: 25

Brief Report of the Event: The fifth day of the programme was started by introduction of the speaker by Ms. Phuloma Daimary, Head of the Department. The speaker of the day delivered her lecture on the topic 'Problems of Adolescence'. The speaker discussed about various issues and problems associated with adolescents such as low self esteem, substance abuse, peer pressure, etc. and the root cause associated with these problems. The speaker also discussed about the role of adults in dealing with these problems. 25 participants attended the programme. The programme was ended with vote of thanks offered by Ms. Bandana Gogoi, Assistant Professor of the Department.


Co-ordinator
IQAC
North Kamrup College


Principal
North Kamrup College
Bagmara, Dist.-Barpeta

**One Week
Online Lecture
Programme
on
Education and Career
Development
For Students**

27th to 31st March, 2023

INVITED SPEAKERS:

Day 1- Bituraj Gohain,
Assistant Professor,
Dept. of Education,
PNGB Govt. Model College, Kakopathar
Day 2- Antareepa Bora,
Assistant Professor,
Dept. of Education,
Biswanath College, Biswanath
Day 3- Seema Rani Das,
Assistant Professor,
Dept. of Education,
MNC Balika Mahavidyalaya, Nalbari
Day 4- Sudarshana Phukan
Assistant Professor,
Dept. of Education,
Majuli College
Day 5- Anisha Choudhury,
Assistant Professor,
Dept. of Education,
Damdama College



**Organized by
Department of Education,
North Kamrup College,
Baghmara**



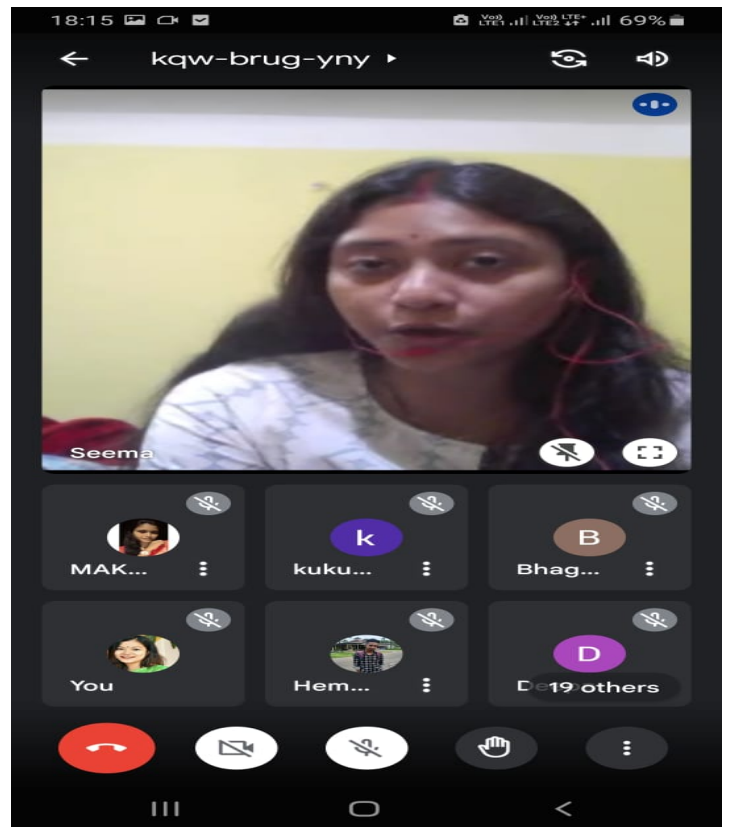
**Platform: Google Meet
Time: 6pm onwards**

**For any queries,
☎ 9365982125 / 8876609554**

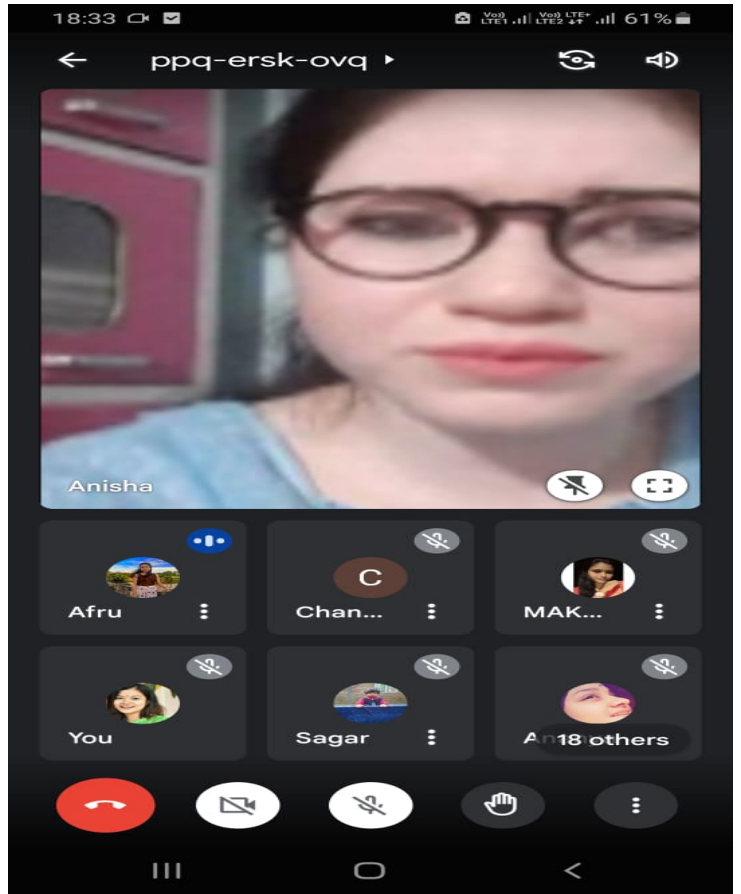
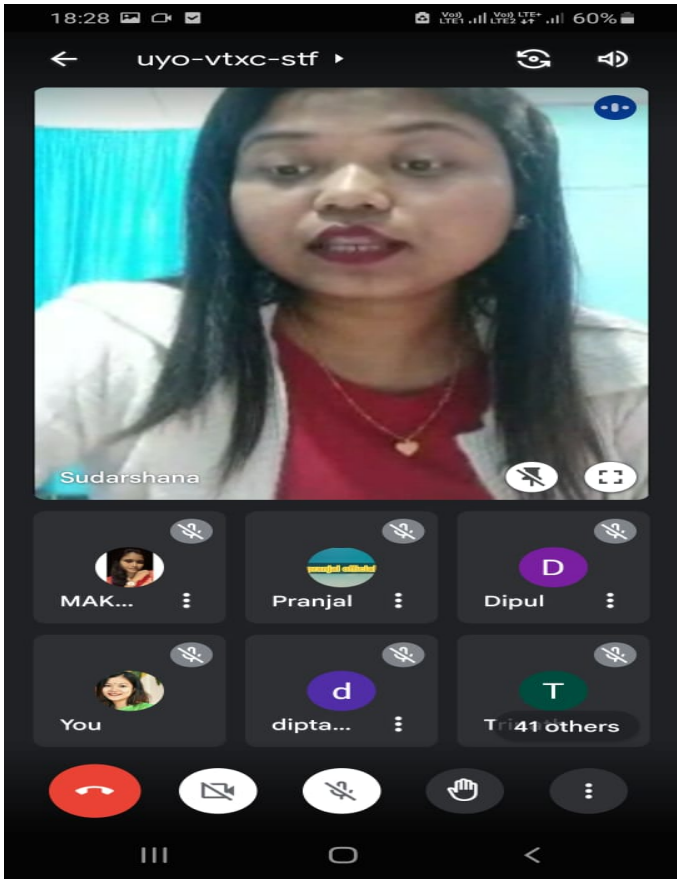
Brochure of the event



Day 1- One Week online Lecture Programme on Education and Career Development



Day 2 & 3- One Week online Lecture Programme on Education and Career Development



Day 4 & 5- One Week online Lecture Programme on Education and Career Development